

CB-BK WE2 2026: Session: 4: COACH Evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: Moreels Barbara HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 400M FREESTYLE MEN 19+

Heat:1, starttime: 16:00

Heat: 1/3 Lane : 3 Athlete: MAES JORDY

Q-time: 05:03:08

PB (50m pool): 05:03.08 Antwerpen 17/05/2026

PB (25m pool): 05:00.61 SB: 05:03.08 Antwerpen 17/05/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.76	01:11.38	01:49.14	02:28.14	03:06.84	03:45.88	04:24.84	05:03.08
	00:34.76	00:36.62	00:37.76	00:39.00	00:38.70	00:39.04	00:38.96	00:38.24
								

Coach feedback: